# Challenge 2020

By: Jamie + Lion



Speech is hard



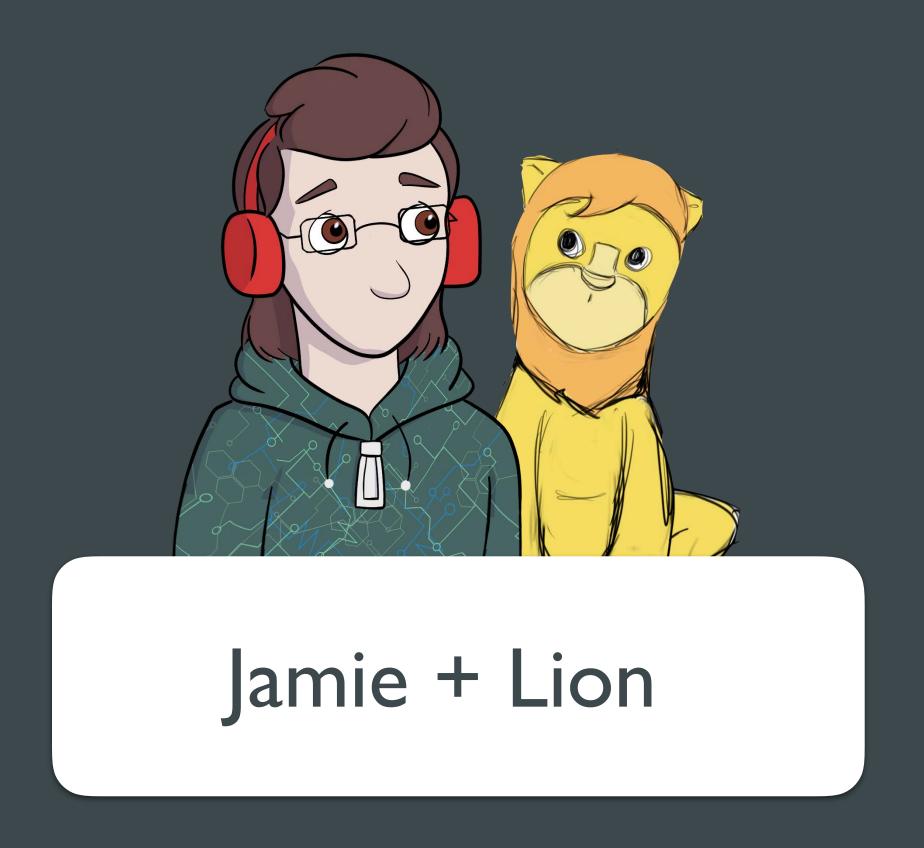
### Disclaimer.

This is <u>not science</u>.

I am <u>one</u> person, talking about how I use things.

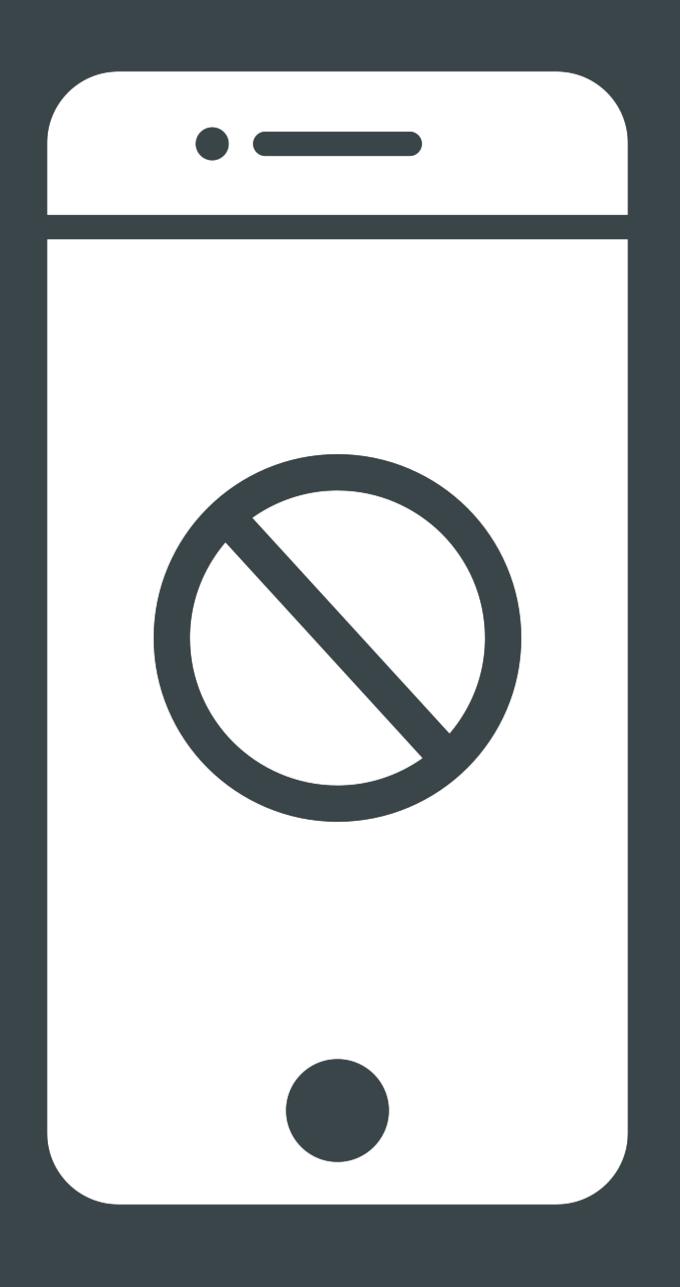
This is <u>anecdote</u>, and i don't speak for all <u>autistic people</u>.





# BBC Senior Research Engineer Digital Accessibility

"Our goals is to make sure our websites, apps and services don't disable people."





Disability has many lenses



## Impairment.

The factual difference. The specific thing. E.g, Speech, mobility etc

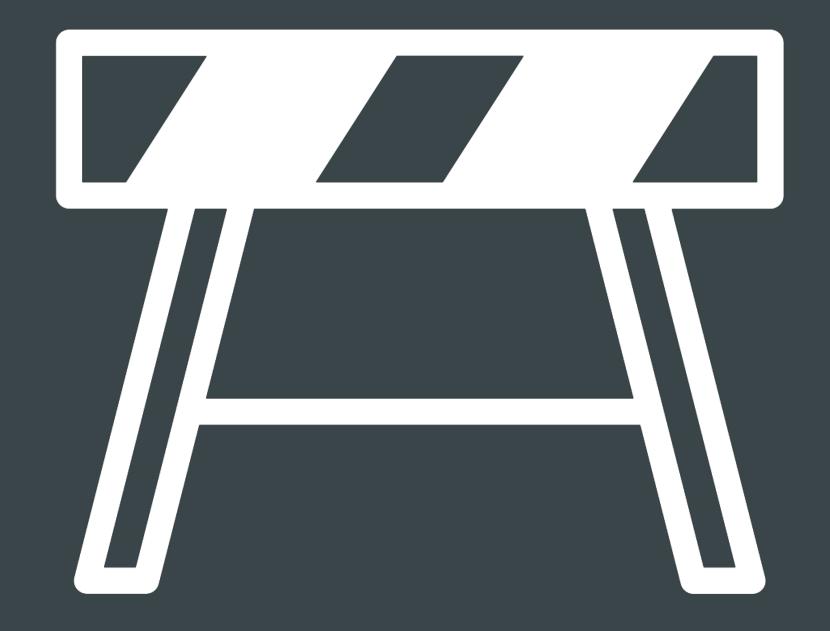


### Environment

The things around us. Buildings, attitudes, beliefs & expectations.

# + Environment Disability

We disable people when we create barriers in environments



Signage

Communication

Transport

Masking



Energy

Interest

Sensory

Social



Communication

Transport

Masking

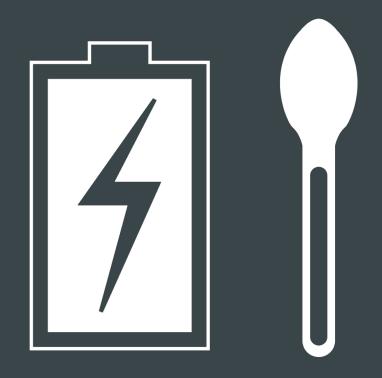


Energy

Interest

Sensory

Social



Energy
Spike profile + pacing

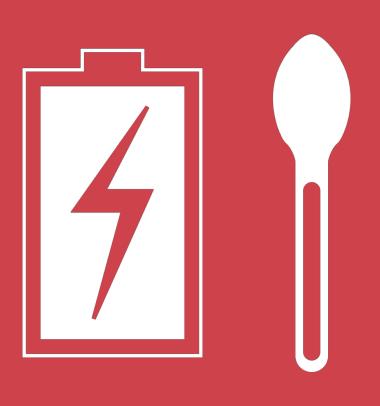


Sensory Filtering



Communication

Accessing Content



### Limited Energy

Make the most of the time & energy we have.



Spoons.



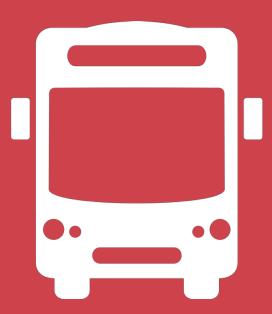




Avoid Email & Phone

**Avoid Forms** 

Use a booking website

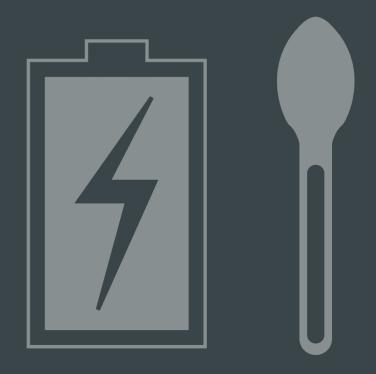


**Travel Info** 

Public Transport

Nearby Cafes

Easy to share



Energy

Spike profile + pacing



Sensory

Filtering



Communication

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## Sensory

Keeping input level suitable.





Environment

Good Audio Quality

Seats / Room

Smell - purfume & food

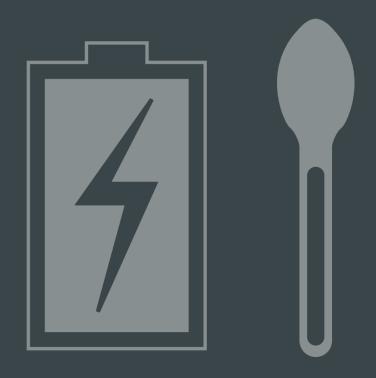


Filtering

Ear defenders (lending)

Quiet Space

Cushions / weighted blankets



Energy

Spike profile + pacing



Sensory

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### Communication

Accessing content asking questions etc.



Allow Written
Questions

Flappuase

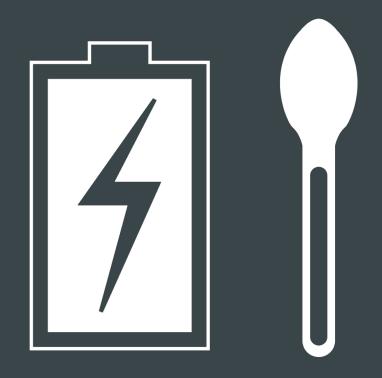
Interaction Badges



Death by powerpoint

Literalism

Summary slides



Energy
Spike profile + pacing



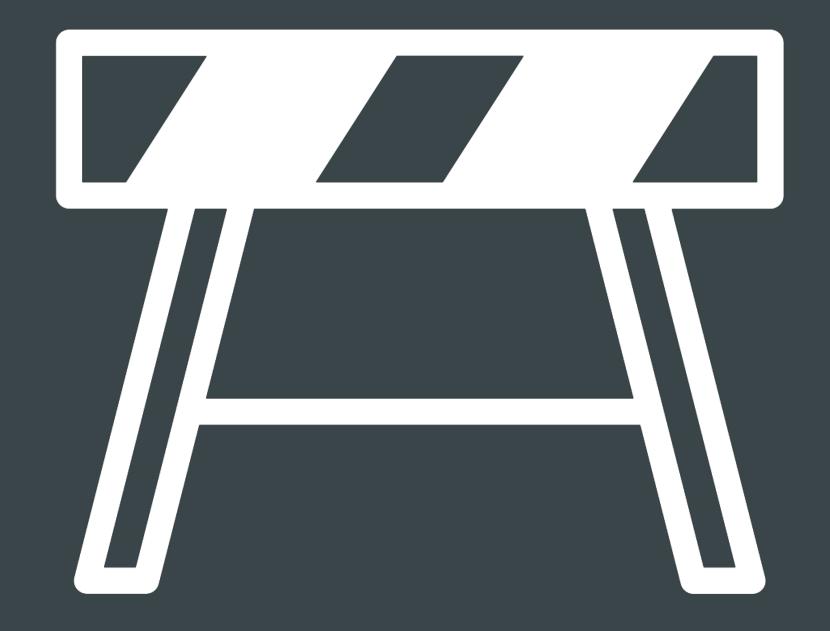
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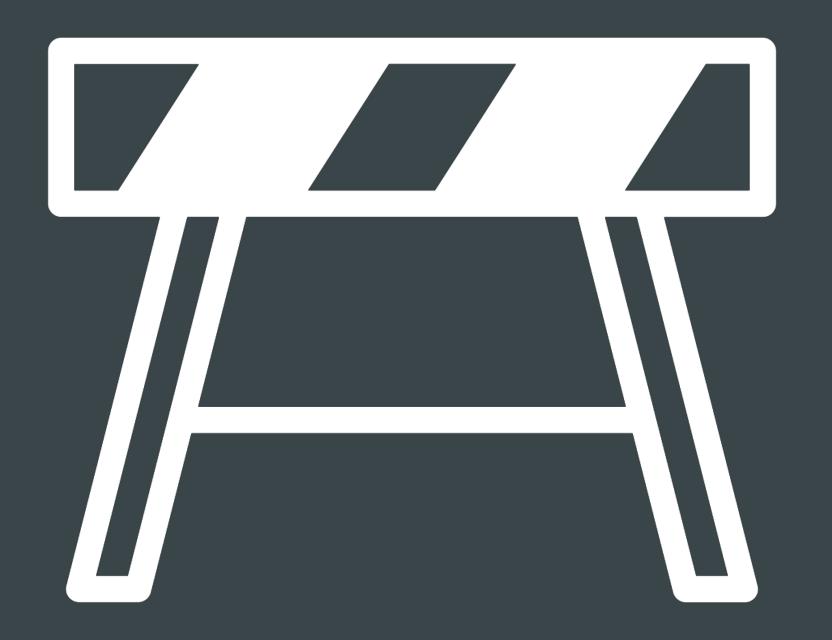


Communication

Accessing Content

We disable people when we create barriers in environments







## Thank You.

